



Phyllis Robertson Home admission information

Phyllis Robertson Home is a residential facility for adults with disabilities. It is situated in the suburb of Prinshof, at the extension of Dr Savage Road West between Tshwane Hospital and the Pretoria Zoo. Phyllis Robertson Home prides itself with a tranquil and spacious environment which promotes a sense of wellbeing for all who live, work and visit the premises.

Accommodation is divided into 5 categories:

- ❖ Acute care - Phyllis Robertson Home is not a facility suitable for frail or acute care. Where a resident requires more care than what can be provided by a shared care-worker, a private care worker will have to be hired for daytime hours and the costs thereof paid by the family. This includes profoundly disabled residents. These are residents who require intensive assistance with Activities of Daily Living (ADLs)
- ❖ Extensive care – Residents who require nappy changes or to be lifted onto/from the toilet.
- ❖ Full care - Residents who require moderate assistance with ADLs fall into this category. There are care-workers and a staff nurse in addition to the matron, who collectively look after the wellbeing of the residents.
- ❖ Supervisory care - Residents who require minimal assistance and supervision with their ADLs
- ❖ Standard - Residents who can largely see to their own ADLs

Admission criteria are as follows:

- ❖ Persons with any disabilities may be considered depending on the stability of the condition and the level of care required
- ❖ Availability of space. Where space is not available, the applicant may be placed on the waiting list
- ❖ Ability to afford fees (inclusive of social grant)
 - Standard residence – **R8 640pm**. Single room or
 - Standard residence - **R8 740pm** for a single room with a veranda or
 - Standard residence – **R10 300pm** for a large single room
 - Supervisory care – **R660pm additional**
 - Full care – **R2 000pm additional**
 - Extensive care - **R2 400pm additional**
 - **R2 600pm** for stimulation sessions/day-care (not payable by residents)
 - **R165pd** for occasional stimulation sessions/day-care
 - **R400** per day for respite care;
- ❖ Fees exclude toiletries, medication, diapers, transport and any other additional expenses
- ❖ An increment is applied at the beginning of April annually. This is usually between 7 and 10% but is not guaranteed to be limited. Increases are determined by the reigning economic situation and the success of the previous year's fundraising efforts.
- ❖ Proof of employment – A letter from the employer(s) of the legal guardian(s) confirming employment and stating how long the guardian(s) has been employed
- ❖ Copy of payslip of guardian(s)
- ❖ 3 Months bank statement of guardian(s)
- ❖ Proof of medical aid
- ❖ Proof of funeral policy (residential)
- ❖ Proof of trust or similar (for future care – residential)
- ❖ Agreement to maintain regular contact (residential)
- ❖ Proof of legal guardianship (residential)
- ❖ Proof of address of guardian(s)
- ❖ ID copies of applicant and legal guardian(s)
- ❖ By signing the application forms, you give permission to Phyllis Robertson Home to do a credit check on your name
- ❖ A probation period of 3 months applies to all new intakes. During this, the home holds the right to ask a family to remove a resident that does not integrate well into the life of the centre.

- ❖ At any time after the probation period, the home holds the right to require removal of any resident who becomes unstable and disruptive or who poses a risk to self, another resident or property

Services

All the needs of the residents are provided for. These include:

- ❖ 3 nutritionist-approved meals a day
- ❖ Cleaning
- ❖ Laundry
- ❖ Medication control
- ❖ Basic medical care
- ❖ Psychosocial support – individual counselling; educational and socialisation groups
- ❖ Social activities – regular dances, occasional outings
- ❖ Weekly shopping trips – 9 residents at a time

Medical care

In terms of medical care, Phyllis Robertson Home employs a registered nurse and enrolled nurses who see to the daily medical requirements of the residents. For those who do not have medical aid, transport is provided for hospital visits to the public hospitals and clinics and their medication is collected monthly. Families pay for transport costs (the first trip per month is free). In some cases, a care worker is provided as support to accompany a resident and families pay for this. For those with medical aid and where private care is preferred, the family is required to take responsibility.

In terms of psychosocial support, the home has access to a social worker and a social auxiliary worker who see to it that residents have someone to talk to regarding any personal and interpersonal challenges they may be experiencing. The matron organises and coordinates social events. Additional therapies such as physiotherapy and occupational therapy are only provided sporadically when students from the University of Pretoria complete their practical phases under supervision. If required, the family needs to arrange privately. When applying for admission to residence or protective workshop, families sign indemnity forms which cover outings. However, where necessary, families may be required to provide additional permissions and complete indemnity forms. Should this be the case, the general manager will communicate in advance.

Rooms and personal items

Rooms are provided unfurnished. Families are encouraged to personalise the room of the resident with photos, decoration, bedding and other items that may make the room more comfortable/homely for the resident. Electronics like a personal TV or computer are permitted, with the understanding that the home will not take any responsibility for these or any other personal item. All personal belongings must be clearly marked with the resident's name. All phones provided to residents must have an app to enable tracing installed on it. We request that the rooms remain simply and minimally decorated. Too many items may make the room look untidy, have the potential to be a safety hazard and become a hindrance when it comes to cleaning.

Protective workshop

Employment Solutions is an independent protective workshop on the premises where residents who are able to work with their hands may be occupied with assembling and packaging work from 08:00 to 15:00 from Monday to Friday. Guardian(s) to contact Employment Solutions directly to apply for inclusion on 012 325 6585.

Stimulation centre

Residents who cannot work at Employment Solutions are kept busy with supervised crafting activities at the Tolbos stimulation centre from 09:00 to 12:00. Tolbos stimulation centre is also available for day attendees. A beneficiary that requires a care-worker to take part will have to have one provided by the family at an additional cost for lunch.

Day attendees are full participants in all the daily activities that take place during the stimulation centre's operating hours. Meals and teas are included. Families are responsible for transporting day attendees to and from the centre.

Respite care

This service is available for families seeking short-term accommodation for their loved ones with disabilities. It is largely available for residents who are independent or semi-independent, requiring minimal assistance or supervision. This means that they should not wear nappies; they should be able to feed themselves; they should be independently mobile; they should be able to follow instructions and communicate their needs. Emergency contacts should be available for the duration of their stay at Phyllis Robertson Home.

Fees

As Phyllis Robertson Home is a non-profit and non-governmental organisation, fees have to be charged in order to maintain good quality care for all residents and day attendees. Fees are to be paid strictly by the 5th of every month in advance.

Both the family and the beneficiary will be expected to abide by the rules of PRH at all times. PRH promises to maintain good quality care for residents and day attendees.

Application Process

The application process entails the following:

- ❖ A tour of the facility
- ❖ Completion of application forms as fully as possible
 - The medical questionnaire has to be completed and signed by a medical practitioner who knows the applicant's history and the most recent treatment regime
- ❖ Panel interview with the management team, involving the applicant and legal guardian (person responsible for fees)
- ❖ Presentation of application to the Board
- ❖ Acceptance/non-acceptance, depending on whether admission criteria are met and consideration of
 - The probability that the resident will "fit in"
 - The ability of the current staff to adequately manage the long term care of the applicant
- ❖ Once a room has been allocated, fees are due from the first day of the next month, as well as a daily rate should the room be occupied before the 1st day of the next month. NO Room will be "kept" for anyone and should the applicant be unable for any reason to move in on the 1st day of the next month, the applicant will be placed on the waiting list and the available room will be allocated to another applicant.
- ❖ If no room is available, the applicant will be placed on the waiting list
- ❖ The decision to accept or decline any application is at the sole discretion of the management and will be final. No single manager has the authority to override the decision of the management forum or make any undertakings to the contrary. Reasons for not accepting the applicant need not be given. An unsuccessful application may be resubmitted after six months if the material facts have changed
- ❖ A resident may be moved to a higher category at any time after taking up residence should his/her needs require a greater level of care

All enquiries and new applications should be directed to the general manager:

Jady Hewitt

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WhatsApp: +27 71 677 0631

<mailto:admin@phyllisrobertsonhome.org.za>

<https://phyllisrobertsonhome.org.za/>